

HOW WE COMMUNICATE



Today's focus:

- ❖ Online communication
- ❖ Face to Face communication
- ❖ Interviewing communication

Habit 5
Seek First to Understand,
Then to Be Understood

**ADD
THIS
TO
YOUR
NOTE-
BOOK!**



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5 WAYS SOCIAL MEDIA IS CHANGING YOUR BRAIN RIGHT NOW



Personal Relationships

Can you relate?



THE TRUTH ABOUT CYBERBULLYING

88% of social media-using teens have seen someone be mean or cruel on a social network site



The most common types of **cyberbullying** are mean and hurtful comments (14.3%) followed by rumors spread (13.3%)

Teens who spend more than three hours per school day on online social networks are

110% more likely to be cyberbullied

25% of girls
17% of boys

ONLY **7%** of U.S. parents are worried about cyberbullying



EVEN THOUGH

33% of teens have been victims of cyberbullying

1 in 6

KNOW THEIR CHILD HAS BEEN BULLIED VIA A SOCIAL NETWORKING SITE.

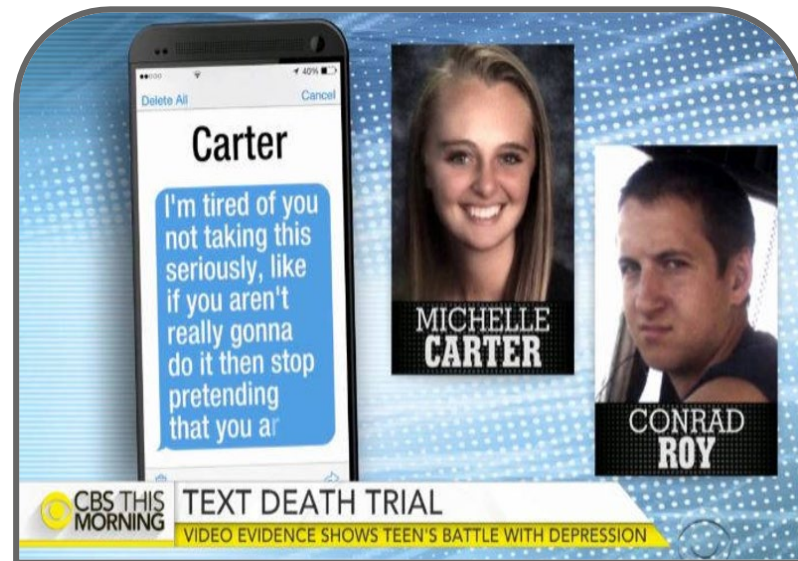


21% of teens have been victims of cyberbullying at least once in their life

19% of teens have **cyberbullied** others at least once in their life

13% of teens said they had an experience on a social network site that made them *feel nervous about going to school the next day*

20% of teens say that people are mostly unkind on social media sites



Before you



think

t = is it true?

H = is it helpful?

i = is it inspiring?

n = is it necessary?

k = is it kind?

- ❖ How often do you check your social media page?
- ❖ How often do you interact face-to-face with people vs. texting them?
- ❖ Do you think people use social media to hide their feelings?

ADD THIS
TO YOUR
NOTEBOOK!

"THIS MEDIA WE CALL
SOCIAL IS ANYTHING BUT,
WHEN WE OPEN OUR
COMPUTERS AND ITS OUR
DOORS WE SHUT"
-GARY TURK, LOOK UP



HOW COLORS SPEAK

BLUE

Love to talk
Direct and honest
Appreciate others
Prefer dealing with people concerns, not facts
Pay attention to non-verbal communication

GREEN

Rely on facts
Avoid small talk
Logical approach
Argue both sides of the issue
Worry they are not understood

ORANGE

Say just the right thing
Make decisions quickly
Focus on results
Create energy and excitement
Use language as a tool to make their point

GOLD

Use clear and precise language
Want to follow agendas and plans
Establish goals
Reach conclusions quickly
Cut the small talk

Interviewing.... Think on Your Feet



1. Introduce yourself- say your name and shake your partner's hand.
2. Choose who will be the interviewer (Person A) and interviewee (Person B) will be in the first round
3. Person A will ask all the questions under interviewer, Person B will answer the questions.
4. When interview is completed, the interviewer will tell the interviewee one thing they did well and one thing they can improve.

Interviewing Questions

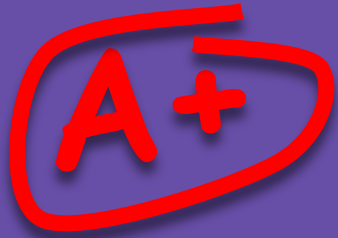
Person A

1. What are your strengths?
2. Where do you see yourself in five years?
3. What advice would you give an 8th grader coming to North next year?

Person B

1. Do you see yourself as a leader?
2. What can you offer here that someone else can not?
3. Can you tell me something that you accomplished in the past 6 months that you are proud of?





A+ Scholarship Program

Tip of the Month

Did you know that the hours you complete during Parkway North's Service Day, NHS and Mu Alpha Theta can count toward your A+ hours if you have attended the A+ training?

If you missed the September training you have another opportunity on **NOVEMBER 1st**, so mark your planners and head to the theater first priority!

THE MORE SENTENCES YOU
COMPLETE, THE HIGHER
YOUR SCORE! THE IDEA IS
TO BLOCK THE OTHER GUY'S
THOUGHTS AND EXPRESS YOUR
OWN! THAT'S HOW YOU WIN!

